

Dig In



Dig In is a Preston-based charity providing vital peer support and therapeutic activities for current and veteran members of the Armed Forces, Emergency services and their family members. They provide support to individuals who, as a result of their service, or since leaving service have, suffered with trauma-related illness.

Dig In helps veterans adapt to life after service and offers meaningful distraction therapies in the form of horticultural and woodworking activities at their Ashton Park site. This helps beneficiaries to develop new skills and improve their mental wellbeing.

Claire Grant, Project Manager at Dig In said:

“The donation we have received from The Co-operative Bank’s Customer Donation Fund has been crucial as it has been used to enhance our woodwork workshop where our beneficiaries can take on meaningful work to improve their employability skills and wellbeing. The donation has played a critical part in helping Dig In to remain open to deliver vital support to those impacted in Preston.”

Apply for the Customer Donation Fund

All existing Community Directplus account holders can apply for up to £1,000 from the Customer Donation Fund to support special projects and fundraising activities. The closing dates for applications are end of March and end of September, and they will then be assessed in April and October. We will notify you of the outcome of your application. Apply using the form below.

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